

Recommended Schedule for Degree Completion

BS Degree in Foods and Nutrition, Foods Concentration

| First Year | | | |
|------------------------------|---------------|------------------------------------|------------------|
| Fall Semester | | Spring Semester | |
| Freshman Seminar | 1 hr | Fine Arts Course | 2-3 hrs |
| Intro to FCS | 2 hrs | Mathematical Concepts | 3 hrs |
| English Communication I | 3 hrs | English Communication II | 3 hrs |
| Applied Design | 2 hrs | Applied Nutrition | 3 hrs |
| Principles of Nutrition | 3 hrs | General Biology | 4 hrs |
| General Biology | 4 hrs | | |
| Total Hours | 15 hrs | Total Hours | 15-16 hrs |
| Second Year | | | |
| Fall Semester | | Spring Semester | |
| Cultural Foods | 3 hrs | Rhetoric: Principles and Practices | 3 hrs |
| General Chemistry I | 4 hrs | General Chemistry II | 4 hrs |
| Survey of Business Software | 3 hrs | Elective for Major | 2-3 hrs |
| Color | 2 hrs | Elective for Major | 3 hrs |
| English Course | 3 hrs | General Psychology | 3 hrs |
| Course for Minor | 3 hrs | Course for Minor | 3 hrs |
| Total Hours | 18 hrs | Total Hours | 18-19 hrs |
| Third Year | | | |
| Fall Semester | | Spring Semester | |
| Principles of Macroeconomics | 3 hrs | Experimental Food Science | 3 hrs |
| Principles of Accounting | 3 hrs | Microbiology | 4 hrs |
| Junior Seminar | 3 hrs | Writing Course | 3 hrs |
| Elective for Major | 3 hrs | Elective for Major | 3 hrs |
| Course for Minor | 3 hrs | Course for Minor | 3 hrs |
| Religion Course | 3 hrs | | |
| Total Hours | 18 hrs | Total Hours | 16 hrs |
| Fourth Year | | | |
| Fall Semester | | Spring Semester | |
| Principles of Management | 3 hrs | Food Systems Management | 3 hrs |
| Senior Seminar | 3 hrs | FCS Internship and Exit Seminar | 3 hrs |
| Elective for Major | 3 hrs | Public Relations Techniques | 3 hrs |
| Religion Course | 3 hrs | Philosophy Course | 3 hrs |
| Course for Minor | 3 hrs | Course for Minor | 3 hrs |
| Total Hours | 15 hrs | Total Hours | 15 hrs |

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| First Year | | | |
|--|--------|---|-----------|
| Fall Semester | | Spring Semester | |
| Freshman Seminar | 1 hr | Fine Arts Course | 2-3 hrs |
| Intro to FCS | 2 hrs | Mathematical Concepts | 3 hrs |
| English Communication I | 3 hrs | English Communication II | 3 hrs |
| Survey of Business Software | 3 hrs | General Psychology | 3 hrs |
| Principles of Nutrition | 3 hrs | General Biology | 4 hrs |
| General Biology | 4 hrs | | |
| Total Hours | 16 hrs | Total Hours | 15-16 hrs |
| Second Year | | | |
| Fall Semester | | Spring Semester | |
| Cultural Foods | 3 hrs | Nutrition Assessment and Counseling | 3 hrs |
| Nutrition in the Lifecycle | 3 hrs | Rhetoric: Principles and Practices | 3 hrs |
| Human Anatomy & Physiology I | 4 hrs | Human Anatomy & Physiology II | 4 hrs |
| General Chemistry I | 4 hrs | General Chemistry II | 4 hrs |
| Business Statistics | 3 hrs | English Course | 3 hrs |
| Total Hours | 17 hrs | Total Hours | 17 hrs |
| Third Year | | | |
| Fall Semester | | Spring Semester | |
| Community Nutrition | 3 hrs | Experimental Food Science | 3 hrs |
| Principles of Macroeconomics | 3 hrs | Advanced Nutrition and Nutritional Biochemistry | 3 hrs |
| Principles of Accounting | 3 hrs | Microbiology | 4 hrs |
| Organic Chemistry I | 4 hrs | Organic Chemistry II | 4 hrs |
| Junior Seminar | 3 hrs | Writing Course | 3 hrs |
| Total Hours | 16 hrs | Total Hours | 17 hrs |
| Fourth Year | | | |
| Fall Semester | | Spring Semester | |
| Nutrition Education and Health Promotion | 3 hrs | Food Systems Management | 3 hrs |
| Medical Nutrition Therapy | 3 hrs | Clinical Nutrition Practicum and Exit Seminar | 3 hrs |
| Principles of Management | 3 hrs | Public Relations Techniques | 3 hrs |
| Religion Course | 3 hrs | Religion Course | 3 hrs |
| Senior Seminar | 3 hrs | Biology Course for Minor | 4 hrs |
| Philosophy Course | 3 hrs | | |
| Total Hours | 18 hrs | Total Hours | 16 hrs |